

Public First YP Poll for MHC

Fieldwork: 30th Jul - 8th Aug 2021
Interview method: Online Survey
Population represented: 16-18 year olds
Sample size: 1010

Methodology:

All results are weighted using Iterative Proportional Fitting, or 'Raking'. The results are weighted by gender and region to Nationally Representative Proportions

Public First is a member of the BPC and abides by its rules. For more information please contact Seb Wride (seb@publicfirst.co.uk)

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(1.A) On a scale of 1-5, with 1 being very poor and 5 being very good, how would you rate your own physical health?

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
1 - Very poor	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
2 - Quite poor	5%	4%	4%	6%	7%	4%	5%	6%	0%	7%	5%	4%	2%	6%
3 - Neither good nor poor	22%	28%	19%	21%	19%	24%	21%	22%	31%	16%	19%	23%	14%	25%
4 - Quite good	54%	46%	54%	55%	66%	46%	61%	51%	53%	57%	54%	50%	61%	53%
5 - Very good	18%	20%	22%	17%	6%	25%	12%	18%	15%	20%	21%	23%	22%	14%
Prefer not to say	0%	1%	0%	0%	1%	0%	0%	0%	0%	0%	0%	0%	0%	1%
Don't Know	1%	0%	0%	0%	0%	1%	1%	2%	0%	0%	1%	0%	1%	0%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(1.B) On a scale of 1-5, with 1 being very poor and 5 being very good, how would you rate your own physical health?

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
1 - Very poor	0%	0%	0%	0%	1%	0%	0%	0%	0%	0%	0%	0%	0%
2 - Quite poor	5%	5%	5%	3%	8%	13%	7%	28%	0%	4%	5%	10%	4%
3 - Neither good nor poor	22%	20%	24%	21%	26%	20%	20%	21%	42%	20%	22%	32%	20%
4 - Quite good	54%	55%	53%	54%	55%	55%	73%	45%	57%	56%	54%	46%	57%
5 - Very good	18%	19%	17%	21%	8%	11%	0%	7%	1%	19%	17%	12%	18%
Prefer not to say	0%	0%	0%	0%	2%	0%	0%	0%	0%	2%	0%	0%	0%
Don't Know	1%	0%	1%	0%	1%	0%	0%	0%	0%	0%	1%	0%	0%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(2.A) On a scale of 1-5, with 1 being very poor and 5 being very good, how would you rate your own mental health?

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
1 - Very poor	3%	1%	3%	6%	0%	7%	5%	4%	7%	3%	2%	2%	2%	4%
2 - Quite poor	18%	14%	19%	18%	20%	20%	16%	24%	10%	22%	16%	20%	16%	19%
3 - Neither good nor poor	30%	32%	30%	23%	36%	35%	31%	31%	27%	25%	27%	23%	28%	33%
4 - Quite good	36%	34%	40%	42%	33%	27%	34%	31%	52%	34%	35%	44%	42%	33%
5 - Very good	10%	15%	7%	11%	5%	8%	12%	8%	0%	15%	13%	10%	10%	8%
Prefer not to say	2%	3%	0%	0%	6%	3%	2%	0%	0%	0%	5%	0%	1%	1%
Don't Know	1%	1%	1%	0%	0%	0%	0%	2%	3%	1%	1%	1%	1%	1%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(2.B) On a scale of 1-5, with 1 being very poor and 5 being very good, how would you rate your own mental health?

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
1 - Very poor	3%	1%	5%	2%	13%	13%	0%	9%	0%	3%	3%	7%	3%
2 - Quite poor	18%	12%	21%	13%	30%	32%	29%	57%	0%	16%	19%	26%	17%
3 - Neither good nor poor	30%	29%	32%	30%	35%	32%	15%	21%	98%	26%	31%	29%	31%
4 - Quite good	36%	41%	32%	41%	19%	20%	56%	8%	1%	41%	35%	32%	37%
5 - Very good	10%	13%	8%	12%	2%	4%	0%	5%	1%	10%	10%	5%	10%
Prefer not to say	2%	3%	1%	2%	1%	0%	0%	0%	0%	4%	1%	1%	2%
Don't Know	1%	0%	1%	0%	1%	0%	0%	0%	0%	0%	1%	0%	1%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(3.A) If you are uncomfortable discussing this you may indicate below that you would prefer to skip these questions:

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
I would prefer to skip the questions on mental health	15%	18%	18%	12%	13%	25%	7%	17%	8%	9%	16%	18%	9%	15%
I am happy to answer the questions on mental health	85%	82%	82%	88%	87%	75%	93%	83%	92%	91%	84%	82%	91%	85%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(3.B) If you are uncomfortable discussing this you may indicate below that you would prefer to skip these questions:

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
I would prefer to skip the questions on mental health	15%	21%	11%	16%	7%	4%	12%	2%	0%	17%	15%	14%	15%
I am happy to answer the questions on mental health	85%	79%	89%	84%	93%	96%	88%	98%	100%	83%	85%	86%	85%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(4.A) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: I was bothered by things that usually don't bother me

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	871	174	148	78	56	49	94	72	17	78	248	69	112	442
Weighted	857	172	150	88	109	60	94	67	33	78	201	65	111	480
Rarely or none of the time (less than 1 day)	40%	44%	38%	42%	40%	32%	35%	35%	51%	49%	45%	52%	39%	37%
Some or a little of the time (1 - 2 days)	34%	36%	34%	31%	30%	44%	37%	32%	29%	28%	24%	24%	38%	38%
Occasionally or a moderate amount of time (3 - 4 days)	18%	12%	21%	20%	19%	15%	16%	23%	20%	16%	19%	19%	18%	17%
All of the time (5 - 7 days)	5%	4%	4%	4%	5%	5%	9%	10%	0%	5%	5%	5%	4%	5%
Don't Know	3%	4%	3%	2%	6%	5%	3%	0%	0%	3%	6%	0%	1%	3%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(4.B) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: I was bothered by things that usually don't bother me

	Gender			Sexual Orientation				Age			Free School Meals		
	Total	Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	871	197	660	624	105	28	13	29	4	117	750	147	679
Weighted	857	343	500	618	97	19	21	37	3	94	760	133	678
Rarely or none of the time (less than 1 day)	40%	52%	33%	44%	31%	24%	66%	16%	44%	41%	40%	35%	42%
Some or a little of the time (1 - 2 days)	34%	31%	34%	33%	34%	38%	25%	49%	56%	36%	33%	38%	33%
Occasionally or a moderate amount of time (3 - 4 days)	18%	9%	24%	16%	22%	29%	9%	26%	0%	14%	18%	16%	18%
All of the time (5 - 7 days)	5%	4%	5%	4%	11%	5%	0%	0%	0%	6%	5%	8%	4%
Don't Know	3%	3%	4%	3%	3%	4%	0%	8%	0%	3%	3%	3%	4%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(5.A) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: I had trouble keeping my mind on what I was doing

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	871	175	148	77	56	49	94	72	17	78	249	69	112	441
Weighted	857	173	150	88	109	60	94	67	33	78	202	65	111	479
Rarely or none of the time (less than 1 day)	31%	31%	28%	49%	24%	20%	31%	31%	25%	34%	34%	39%	39%	26%
Some or a little of the time (1 - 2 days)	30%	34%	37%	16%	25%	40%	27%	29%	16%	29%	29%	22%	29%	31%
Occasionally or a moderate amount of time (3 - 4 days)	27%	25%	25%	20%	31%	29%	33%	28%	51%	22%	27%	20%	22%	29%
All of the time (5 - 7 days)	11%	9%	10%	13%	18%	12%	8%	11%	4%	9%	7%	17%	9%	12%
Don't Know	2%	1%	1%	2%	1%	0%	2%	1%	4%	6%	2%	1%	1%	2%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(5.B) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: I had trouble keeping my mind on what I was doing

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	871	197	660	624	105	28	13	29	4	117	750	147	679
Weighted	857	343	500	618	97	19	21	37	3	94	760	133	678
Rarely or none of the time (less than 1 day)	31%	39%	25%	36%	8%	9%	48%	9%	2%	31%	31%	28%	31%
Some or a little of the time (1 - 2 days)	30%	34%	27%	30%	28%	8%	34%	39%	42%	29%	30%	25%	30%
Occasionally or a moderate amount of time (3 - 4 days)	27%	18%	34%	24%	40%	58%	9%	26%	56%	27%	27%	29%	27%
All of the time (5 - 7 days)	11%	8%	13%	9%	21%	25%	8%	27%	0%	13%	11%	17%	9%
Don't Know	2%	1%	2%	2%	3%	0%	0%	0%	0%	1%	2%	1%	2%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(6.A) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: I felt depressed

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	872	175	148	78	56	49	94	72	17	78	249	69	112	442
Weighted	858	173	150	88	109	60	94	67	33	78	202	65	111	480
Rarely or none of the time (less than 1 day)	49%	52%	50%	53%	48%	37%	55%	31%	59%	49%	55%	43%	51%	47%
Some or a little of the time (1 - 2 days)	24%	19%	24%	25%	20%	31%	19%	33%	25%	31%	21%	31%	23%	25%
Occasionally or a moderate amount of time (3 - 4 days)	18%	20%	18%	11%	23%	22%	17%	29%	4%	8%	16%	18%	20%	18%
All of the time (5 - 7 days)	8%	7%	7%	8%	10%	8%	5%	6%	11%	9%	7%	7%	3%	9%
Don't Know	2%	2%	1%	3%	0%	2%	4%	0%	0%	3%	2%	1%	3%	2%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(6.B) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: I felt depressed

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	872	197	661	625	105	28	13	29	4	117	751	147	680
Weighted	858	343	501	619	97	19	21	37	3	94	760	133	679
Rarely or none of the time (less than 1 day)	49%	58%	43%	55%	26%	29%	76%	27%	100%	49%	49%	43%	50%
Some or a little of the time (1 - 2 days)	24%	22%	25%	23%	33%	46%	0%	17%	0%	26%	24%	21%	25%
Occasionally or a moderate amount of time (3 - 4 days)	18%	12%	22%	15%	22%	20%	16%	43%	0%	16%	18%	23%	17%
All of the time (5 - 7 days)	8%	6%	8%	5%	19%	4%	8%	13%	0%	9%	8%	12%	7%
Don't Know	2%	2%	2%	2%	1%	0%	0%	0%	0%	1%	2%	1%	2%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(7.A) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: I felt that everything I did was an effort

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	872	175	148	77	56	50	94	72	17	78	249	68	112	443
Weighted	858	173	150	88	109	61	94	67	33	78	202	64	111	481
Rarely or none of the time (less than 1 day)	25%	24%	23%	34%	23%	19%	32%	15%	38%	22%	30%	20%	34%	21%
Some or a little of the time (1 - 2 days)	35%	37%	40%	26%	36%	31%	33%	29%	46%	35%	39%	33%	29%	35%
Occasionally or a moderate amount of time (3 - 4 days)	23%	22%	20%	24%	29%	32%	20%	27%	13%	23%	14%	34%	22%	26%
All of the time (5 - 7 days)	15%	14%	16%	16%	12%	15%	13%	28%	4%	17%	15%	12%	13%	17%
Don't Know	2%	3%	1%	0%	0%	4%	3%	0%	0%	3%	3%	0%	1%	1%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(7.B) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: I felt that everything I did was an effort

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	872	197	661	625	105	28	13	29	4	117	751	147	680
Weighted	858	343	501	619	97	19	21	37	3	94	760	133	679
Rarely or none of the time (less than 1 day)	25%	33%	20%	29%	11%	12%	23%	13%	44%	25%	25%	15%	27%
Some or a little of the time (1 - 2 days)	35%	34%	36%	34%	32%	32%	51%	27%	56%	32%	35%	36%	35%
Occasionally or a moderate amount of time (3 - 4 days)	23%	20%	26%	22%	34%	39%	17%	30%	0%	25%	23%	26%	22%
All of the time (5 - 7 days)	15%	12%	17%	13%	23%	12%	8%	29%	0%	19%	15%	21%	14%
Don't Know	2%	1%	2%	2%	1%	4%	0%	0%	0%	0%	2%	2%	2%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(8.A) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: I felt hopeful about the future

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	872	175	148	77	56	50	94	72	17	78	249	69	112	442
Weighted	858	173	150	88	109	61	94	67	33	78	202	65	111	480
Rarely or none of the time (less than 1 day)	11%	10%	7%	11%	8%	10%	18%	10%	19%	12%	14%	6%	12%	10%
Some or a little of the time (1 - 2 days)	28%	22%	32%	20%	37%	34%	22%	41%	21%	29%	22%	26%	25%	32%
Occasionally or a moderate amount of time (3 - 4 days)	42%	46%	40%	43%	41%	41%	38%	39%	51%	42%	43%	41%	43%	41%
All of the time (5 - 7 days)	17%	18%	21%	26%	14%	16%	18%	10%	9%	14%	18%	24%	18%	16%
Don't Know	2%	3%	1%	0%	0%	0%	4%	0%	0%	3%	3%	2%	1%	1%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(8.B) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: I felt hopeful about the future

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	872	197	661	625	105	28	13	29	4	117	751	147	680
Weighted	858	343	501	619	97	19	21	37	3	94	760	133	679
Rarely or none of the time (less than 1 day)	11%	7%	13%	9%	10%	13%	9%	33%	0%	6%	11%	16%	10%
Some or a little of the time (1 - 2 days)	28%	25%	31%	27%	35%	34%	47%	32%	1%	28%	29%	39%	26%
Occasionally or a moderate amount of time (3 - 4 days)	42%	47%	39%	44%	38%	49%	19%	28%	98%	50%	41%	31%	44%
All of the time (5 - 7 days)	17%	21%	15%	19%	15%	4%	25%	6%	1%	14%	18%	14%	18%
Don't Know	2%	1%	2%	1%	2%	0%	0%	0%	0%	2%	2%	1%	2%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(9.A) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: I felt fearful

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	873	175	148	78	56	50	94	72	17	78	249	69	112	443
Weighted	859	173	150	88	109	61	94	67	33	78	202	65	111	481
Rarely or none of the time (less than 1 day)	44%	45%	46%	48%	44%	38%	45%	39%	33%	48%	41%	54%	51%	42%
Some or a little of the time (1 - 2 days)	28%	21%	32%	31%	28%	29%	23%	24%	52%	27%	30%	19%	19%	30%
Occasionally or a moderate amount of time (3 - 4 days)	19%	19%	16%	11%	24%	28%	27%	23%	8%	16%	20%	15%	20%	20%
All of the time (5 - 7 days)	8%	12%	6%	9%	4%	5%	3%	14%	8%	7%	9%	11%	8%	7%
Don't Know	1%	3%	1%	0%	0%	0%	2%	0%	0%	2%	1%	0%	1%	1%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(9.B) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: I felt fearful

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	873	197	662	626	105	28	13	29	4	117	752	147	681
Weighted	859	343	502	620	97	19	21	37	3	94	761	133	680
Rarely or none of the time (less than 1 day)	44%	55%	37%	48%	33%	29%	53%	36%	43%	42%	44%	43%	45%
Some or a little of the time (1 - 2 days)	28%	26%	28%	25%	36%	28%	31%	34%	1%	24%	28%	26%	28%
Occasionally or a moderate amount of time (3 - 4 days)	19%	14%	23%	18%	22%	27%	16%	19%	56%	26%	18%	21%	19%
All of the time (5 - 7 days)	8%	4%	10%	7%	9%	12%	0%	9%	0%	7%	8%	8%	8%
Don't Know	1%	1%	1%	1%	0%	4%	0%	2%	0%	1%	1%	2%	1%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(10.A) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: My sleep was restless

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	873	175	148	78	56	49	94	72	17	78	249	69	113	442
Weighted	858	173	150	88	109	60	94	67	33	78	202	65	111	480
Rarely or none of the time (less than 1 day)	35%	34%	38%	37%	34%	33%	41%	31%	24%	33%	39%	34%	35%	33%
Some or a little of the time (1 - 2 days)	31%	29%	30%	29%	48%	27%	22%	27%	47%	26%	26%	36%	36%	31%
Occasionally or a moderate amount of time (3 - 4 days)	22%	27%	21%	17%	12%	26%	29%	25%	8%	30%	25%	17%	19%	23%
All of the time (5 - 7 days)	11%	9%	12%	17%	7%	15%	8%	16%	21%	10%	9%	14%	10%	13%
Don't Know	1%	3%	0%	0%	0%	0%	0%	0%	0%	1%	0%	0%	1%	1%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(10.B) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: My sleep was restless

	Total	Gender		Sexual Orientation					Age			Free School Meals	
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	873	197	662	626	105	28	13	29	4	117	752	147	681
Weighted	858	343	501	619	97	19	21	37	3	94	760	133	679
Rarely or none of the time (less than 1 day)	35%	43%	30%	40%	20%	33%	24%	18%	1%	43%	34%	34%	36%
Some or a little of the time (1 - 2 days)	31%	32%	31%	28%	35%	14%	51%	58%	99%	23%	31%	29%	31%
Occasionally or a moderate amount of time (3 - 4 days)	22%	17%	25%	21%	28%	49%	17%	22%	0%	19%	23%	22%	22%
All of the time (5 - 7 days)	11%	8%	14%	11%	16%	4%	8%	2%	0%	15%	11%	14%	11%
Don't Know	1%	1%	1%	1%	0%	0%	0%	0%	0%	0%	1%	1%	1%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(11.A) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: I was happy

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	873	175	148	78	56	50	94	72	17	78	249	69	112	443
Weighted	859	173	150	88	109	61	94	67	33	78	202	65	111	481
Rarely or none of the time (less than 1 day)	4%	7%	1%	4%	1%	5%	5%	1%	4%	4%	3%	3%	5%	3%
Some or a little of the time (1 - 2 days)	22%	21%	15%	16%	20%	21%	30%	41%	20%	22%	21%	27%	15%	23%
Occasionally or a moderate amount of time (3 - 4 days)	50%	46%	57%	45%	59%	48%	43%	47%	29%	56%	49%	42%	57%	49%
All of the time (5 - 7 days)	25%	26%	26%	35%	20%	26%	22%	11%	47%	19%	27%	27%	22%	24%
Don't Know	0%	1%	1%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(11.B) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: I was happy

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	873	197	662	626	105	28	13	29	4	117	752	147	681
Weighted	859	343	502	620	97	19	21	37	3	94	761	133	680
Rarely or none of the time (less than 1 day)	4%	3%	4%	2%	8%	0%	8%	0%	0%	2%	4%	5%	3%
Some or a little of the time (1 - 2 days)	22%	18%	25%	20%	27%	18%	16%	29%	0%	21%	22%	31%	20%
Occasionally or a moderate amount of time (3 - 4 days)	50%	48%	50%	49%	42%	70%	53%	59%	57%	47%	50%	43%	51%
All of the time (5 - 7 days)	25%	31%	21%	28%	23%	12%	22%	12%	43%	29%	24%	21%	25%
Don't Know	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(12.A) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: I felt lonely

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	869	173	148	78	56	50	94	72	17	77	247	69	112	441
Weighted	856	171	150	88	109	61	94	67	33	77	199	65	111	481
Rarely or none of the time (less than 1 day)	29%	30%	34%	26%	20%	34%	38%	21%	29%	28%	26%	17%	35%	31%
Some or a little of the time (1 - 2 days)	34%	34%	31%	41%	53%	25%	29%	28%	24%	31%	38%	42%	42%	30%
Occasionally or a moderate amount of time (3 - 4 days)	22%	19%	26%	19%	16%	29%	18%	23%	30%	24%	22%	26%	9%	24%
All of the time (5 - 7 days)	14%	16%	8%	14%	11%	10%	15%	27%	16%	16%	14%	15%	15%	14%
Don't Know	1%	1%	1%	0%	0%	2%	1%	1%	0%	1%	0%	0%	0%	1%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(12.B) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: I felt lonely

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	869	196	659	624	104	28	13	29	4	116	749	144	680
Weighted	856	341	501	618	96	19	21	37	3	94	759	131	679
Rarely or none of the time (less than 1 day)	29%	35%	27%	33%	24%	29%	32%	4%	43%	29%	29%	25%	30%
Some or a little of the time (1 - 2 days)	34%	34%	34%	35%	28%	37%	25%	47%	57%	31%	35%	29%	35%
Occasionally or a moderate amount of time (3 - 4 days)	22%	18%	23%	20%	25%	17%	17%	38%	0%	23%	21%	23%	22%
All of the time (5 - 7 days)	14%	13%	15%	12%	24%	17%	26%	10%	0%	16%	14%	22%	12%
Don't Know	1%	0%	1%	1%	0%	0%	0%	0%	0%	0%	1%	1%	1%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(13.A) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: I could not “get going”

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	873	175	148	78	56	50	94	72	17	78	249	69	112	443
Weighted	859	173	150	88	109	61	94	67	33	78	202	65	111	481
Rarely or none of the time (less than 1 day)	31%	28%	32%	33%	27%	30%	33%	27%	59%	26%	34%	30%	28%	30%
Some or a little of the time (1 - 2 days)	31%	35%	32%	31%	24%	28%	26%	38%	24%	31%	36%	27%	38%	27%
Occasionally or a moderate amount of time (3 - 4 days)	23%	19%	22%	18%	34%	27%	26%	21%	9%	24%	17%	28%	25%	24%
All of the time (5 - 7 days)	10%	9%	9%	15%	12%	10%	7%	9%	8%	10%	9%	10%	6%	11%
Don't Know	6%	9%	4%	3%	3%	5%	8%	5%	0%	9%	4%	5%	3%	7%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(13.B) Below is a list of some of the ways you may have felt or behaved. Please indicate how often you have felt this way during the past week: I could not “get going”

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	873	197	662	626	105	28	13	29	4	117	752	147	681
Weighted	859	343	502	620	97	19	21	37	3	94	761	133	680
Rarely or none of the time (less than 1 day)	31%	40%	25%	36%	17%	8%	58%	4%	44%	33%	30%	25%	32%
Some or a little of the time (1 - 2 days)	31%	31%	31%	33%	20%	38%	16%	34%	56%	34%	30%	30%	31%
Occasionally or a moderate amount of time (3 - 4 days)	23%	21%	24%	19%	38%	38%	26%	28%	0%	14%	24%	21%	23%
All of the time (5 - 7 days)	10%	4%	13%	6%	22%	17%	0%	29%	0%	12%	10%	17%	9%
Don't Know	6%	4%	7%	6%	3%	0%	0%	4%	0%	6%	6%	6%	5%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(14.A) Since the beginning of the coronavirus pandemic in March last year, would you say you have experienced any of the following things more than you did before? Please select any which apply.

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
Feeling anxious or worried	62%	55%	69%	55%	64%	80%	54%	72%	59%	59%	62%	66%	62%	62%
Feeling irritable and intolerant	46%	39%	50%	49%	45%	45%	41%	53%	58%	47%	43%	57%	47%	46%
Having no motivation	71%	70%	73%	61%	74%	71%	73%	75%	53%	73%	66%	79%	74%	71%
Having low self esteem	46%	43%	46%	45%	48%	51%	37%	65%	44%	45%	40%	45%	52%	47%
Feeling tearful	38%	34%	39%	36%	48%	41%	28%	48%	24%	37%	35%	43%	38%	38%
Not getting any enjoyment out of life	42%	37%	41%	37%	41%	50%	43%	52%	41%	43%	34%	37%	38%	46%
Continuous low mood or sadness	46%	36%	51%	46%	46%	50%	39%	61%	53%	43%	44%	43%	40%	48%
Feeling hopeless and helpless	38%	35%	39%	37%	28%	52%	34%	48%	54%	43%	38%	38%	40%	38%
Finding it difficult to make decisions	39%	35%	46%	45%	31%	38%	34%	34%	41%	50%	33%	44%	33%	42%
Feeling guilt-ridden	24%	22%	29%	26%	18%	31%	17%	26%	16%	29%	21%	23%	23%	25%
Having suicidal thoughts or thoughts about harming yourself	18%	17%	20%	23%	15%	23%	13%	19%	19%	14%	12%	19%	19%	20%
None of the above	11%	7%	14%	16%	13%	11%	12%	0%	13%	8%	11%	5%	12%	11%
Prefer not to say	1%	1%	1%	0%	3%	0%	1%	0%	0%	2%	3%	0%	2%	0%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(14.B) Since the beginning of the coronavirus pandemic in March last year, would you say you have experienced any of the following things more than you did before? Please select any which apply.

	Total	Gender		Sexual Orientation					Age			Free School Meals	
		Male	Female	Heterosexual / Straight	Bi	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
Feeling anxious or worried	62%	50%	70%	59%	79%	71%	65%	67%	56%	58%	63%	73%	60%
Feeling irritable and intolerant	46%	30%	56%	41%	69%	63%	40%	37%	98%	43%	46%	50%	46%
Having no motivation	71%	59%	78%	67%	83%	88%	75%	72%	57%	65%	71%	74%	70%
Having low self esteem	46%	33%	55%	42%	67%	48%	57%	53%	0%	48%	46%	52%	45%
Feeling tearful	38%	16%	51%	34%	50%	49%	41%	44%	0%	41%	37%	38%	37%
Not getting any enjoyment out of life	42%	32%	47%	37%	51%	37%	40%	59%	56%	34%	42%	46%	40%
Continuous low mood or sadness	46%	33%	53%	40%	69%	62%	48%	66%	98%	34%	47%	51%	44%
Feeling hopeless and helpless	38%	26%	45%	32%	58%	42%	49%	54%	0%	42%	38%	48%	36%
Finding it difficult to make decisions	39%	26%	46%	35%	56%	63%	40%	37%	56%	40%	39%	47%	37%
Feeling guilt-ridden	24%	16%	28%	21%	37%	33%	22%	30%	0%	20%	24%	25%	23%
Having suicidal thoughts or thoughts about harming yourself	18%	10%	22%	12%	38%	37%	16%	42%	0%	15%	18%	26%	16%
None of the above	11%	19%	5%	13%	3%	4%	9%	4%	1%	15%	10%	5%	12%
Prefer not to say	1%	2%	1%	1%	2%	0%	0%	0%	0%	0%	1%	1%	1%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(15.A) Have you been worried about your own mental health, including stress and anxiety, in the last year?

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	873	175	148	78	56	50	94	72	17	78	249	69	112	443
Weighted	859	173	150	88	109	61	94	67	33	78	202	65	111	481
Yes	60%	57%	58%	59%	77%	49%	55%	66%	46%	61%	58%	65%	63%	59%
No	36%	39%	40%	34%	20%	51%	39%	31%	47%	35%	37%	32%	33%	37%
Prefer not to say	4%	4%	2%	7%	3%	0%	6%	2%	8%	4%	5%	3%	4%	3%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(15.B) Have you been worried about your own mental health, including stress and anxiety, in the last year?

	Total	Gender		Sexual Orientation					Age			Free School Meals	
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	873	197	662	626	105	28	13	29	4	117	752	147	681
Weighted	859	343	502	620	97	19	21	37	3	94	761	133	680
Yes	60%	45%	69%	52%	80%	80%	73%	89%	56%	58%	60%	56%	60%
No	36%	51%	28%	44%	16%	20%	18%	9%	44%	38%	36%	37%	36%
Prefer not to say	4%	4%	4%	4%	4%	0%	9%	2%	0%	5%	4%	7%	3%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(16.A) Did you worry about your own mental health before COVID?

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	872	174	148	78	56	50	94	72	17	78	249	68	112	443
Weighted	857	172	150	88	109	61	94	67	33	78	202	63	111	481
Yes	52%	46%	46%	54%	65%	66%	45%	61%	49%	46%	51%	65%	52%	51%
No	46%	50%	51%	43%	35%	33%	53%	38%	51%	52%	46%	32%	47%	47%
Prefer not to say	2%	4%	3%	3%	0%	2%	2%	1%	0%	2%	2%	3%	1%	2%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(16.B) Did you worry about your own mental health before COVID?

	Total	Gender		Sexual Orientation					Age			Free School Meals	
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	872	196	662	625	105	28	13	29	4	117	751	147	680
Weighted	857	341	502	618	97	19	21	37	3	94	760	133	678
Yes	52%	44%	57%	42%	77%	62%	82%	92%	0%	47%	53%	56%	51%
No	46%	54%	41%	56%	20%	38%	18%	8%	100%	52%	45%	40%	47%
Prefer not to say	2%	2%	2%	2%	3%	0%	0%	0%	0%	0%	2%	4%	2%

Note:

BASE: Question randomly assigned to respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(17.A) Please select the statement that most closely reflects your experience:

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
My school prioritises academic performance over student mental health and wellbeing	41%	41%	45%	42%	34%	42%	47%	31%	58%	40%	40%	53%	54%	38%
My school prioritises academic performance and student mental health and wellbeing equally	41%	39%	41%	43%	49%	39%	39%	50%	30%	36%	42%	32%	34%	44%
My school prioritises student mental health and wellbeing over academic performance	8%	9%	7%	10%	4%	9%	6%	7%	8%	12%	9%	11%	6%	7%
Don't Know	10%	11%	7%	5%	12%	10%	8%	12%	3%	12%	9%	5%	7%	11%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(17.B) Please select the statement that most closely reflects your experience:

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
My school prioritises academic performance over student mental health and wellbeing	41%	35%	46%	39%	52%	51%	28%	46%	57%	33%	42%	42%	41%
My school prioritises academic performance and student mental health and wellbeing equally	41%	43%	40%	44%	30%	37%	52%	40%	42%	54%	40%	40%	42%
My school prioritises student mental health and wellbeing over academic performance	8%	12%	5%	8%	11%	12%	13%	2%	1%	7%	8%	8%	7%
Don't Know	10%	10%	9%	10%	7%	0%	7%	12%	0%	6%	10%	10%	9%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(18.A) Please select the statement that most closely reflects your experience:

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
My school is doing everything it can to support the mental health and wellbeing of students	20%	21%	20%	26%	12%	23%	19%	27%	3%	19%	18%	15%	12%	23%
My school could be doing a little bit more to support the mental health and wellbeing of students	47%	49%	43%	38%	63%	51%	48%	39%	26%	47%	46%	52%	48%	46%
My school could be doing a lot more to support the mental health and wellbeing of students	25%	22%	31%	29%	14%	21%	28%	22%	31%	26%	27%	28%	36%	21%
My school is doing nothing to support the mental health and wellbeing of students	4%	4%	1%	4%	1%	4%	1%	4%	28%	6%	4%	5%	3%	3%
Don't Know	5%	5%	5%	2%	10%	1%	4%	7%	12%	3%	5%	0%	2%	7%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(18.B) Please select the statement that most closely reflects your experience:

	Total	Gender		Sexual Orientation					Age			Free School Meals	
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
My school is doing everything it can to support the mental health and wellbeing of students	20%	23%	17%	23%	12%	11%	14%	12%	1%	17%	20%	29%	18%
My school could be doing a little bit more to support the mental health and wellbeing of students	47%	48%	46%	46%	45%	65%	50%	50%	99%	63%	44%	42%	47%
My school could be doing a lot more to support the mental health and wellbeing of students	25%	19%	29%	22%	33%	20%	23%	27%	0%	16%	26%	23%	26%
My school is doing nothing to support the mental health and wellbeing of students	4%	5%	3%	3%	6%	4%	12%	8%	0%	3%	4%	3%	4%
Don't Know	5%	5%	5%	5%	4%	0%	0%	4%	0%	1%	6%	4%	5%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(19.A) Do you agree or disagree with the following:: My school does not take mental health issues seriously

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
Strongly Agree	4%	5%	3%	4%	1%	2%	5%	4%	20%	4%	6%	1%	4%	4%
Agree	15%	18%	16%	19%	13%	15%	12%	14%	8%	13%	20%	21%	14%	13%
Neither Agree nor Disagree	24%	25%	22%	20%	18%	25%	22%	23%	38%	33%	25%	20%	29%	23%
Disagree	37%	38%	41%	32%	38%	41%	40%	38%	15%	32%	35%	41%	39%	37%
Strongly Disagree	16%	12%	16%	23%	18%	13%	17%	19%	8%	19%	10%	16%	14%	19%
Don't Know	3%	3%	2%	2%	10%	4%	3%	2%	10%	0%	4%	2%	0%	4%
Total Agree:	20%	23%	20%	24%	15%	17%	17%	18%	28%	17%	26%	22%	18%	17%
Total Disagree:	53%	49%	56%	55%	57%	54%	57%	57%	23%	50%	45%	57%	53%	56%
Net:	-33%	-27%	-36%	-31%	-42%	-37%	-40%	-39%	5%	-33%	-19%	-35%	-35%	-39%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(19.B) Do you agree or disagree with the following:: My school does not take mental health issues seriously

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
Strongly Agree	4%	4%	4%	4%	8%	0%	12%	7%	0%	3%	5%	6%	4%
Agree	15%	13%	16%	13%	26%	24%	28%	15%	0%	17%	15%	16%	15%
Neither Agree nor Disagree	24%	23%	26%	23%	27%	20%	22%	8%	98%	20%	24%	26%	22%
Disagree	37%	41%	34%	38%	26%	44%	30%	44%	1%	39%	37%	33%	39%
Strongly Disagree	16%	14%	17%	19%	9%	11%	7%	20%	1%	16%	16%	18%	16%
Don't Know	3%	5%	2%	3%	3%	0%	0%	7%	0%	5%	3%	1%	4%
Total Agree:	20%	17%	21%	16%	34%	24%	40%	21%	0%	19%	20%	22%	19%
Total Disagree:	53%	55%	52%	57%	36%	55%	37%	64%	2%	55%	53%	51%	55%
Net:	-33%	-38%	-31%	-40%	-2%	-31%	3%	-43%	-2%	-36%	-33%	-30%	-35%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(20.A) Do you agree or disagree with the following:: My school puts too much pressure on the students

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
Strongly Agree	11%	11%	10%	9%	13%	11%	13%	8%	19%	11%	11%	17%	18%	9%
Agree	37%	38%	38%	40%	18%	46%	34%	48%	31%	39%	36%	43%	44%	34%
Neither Agree nor Disagree	30%	29%	29%	31%	37%	30%	33%	18%	27%	29%	32%	25%	17%	32%
Disagree	18%	17%	20%	17%	23%	6%	17%	22%	20%	18%	15%	13%	15%	20%
Strongly Disagree	3%	5%	3%	2%	0%	5%	3%	1%	0%	3%	4%	2%	2%	3%
Don't Know	2%	1%	1%	0%	9%	1%	1%	2%	3%	0%	2%	0%	3%	2%
Total Agree:	48%	49%	48%	49%	32%	57%	47%	56%	50%	50%	46%	60%	63%	43%
Total Disagree:	21%	22%	23%	20%	23%	12%	20%	23%	20%	21%	20%	15%	17%	23%
Net:	27%	27%	25%	29%	8%	46%	27%	33%	30%	29%	26%	45%	46%	20%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(20.B) Do you agree or disagree with the following:: My school puts too much pressure on the students

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
Strongly Agree	11%	6%	15%	10%	18%	20%	0%	17%	0%	12%	11%	11%	11%
Agree	37%	34%	39%	34%	50%	48%	57%	19%	0%	28%	38%	46%	35%
Neither Agree nor Disagree	30%	33%	27%	31%	16%	24%	28%	38%	99%	35%	29%	25%	30%
Disagree	18%	22%	15%	19%	15%	8%	14%	21%	0%	23%	17%	16%	19%
Strongly Disagree	3%	3%	3%	4%	1%	0%	0%	2%	1%	2%	3%	2%	3%
Don't Know	2%	3%	1%	2%	0%	0%	0%	4%	0%	0%	2%	0%	2%
Total Agree:	48%	39%	54%	44%	68%	68%	57%	36%	0%	40%	49%	57%	46%
Total Disagree:	21%	25%	18%	23%	16%	8%	14%	22%	1%	25%	20%	18%	22%
Net:	27%	14%	36%	21%	52%	60%	43%	13%	-1%	15%	28%	39%	23%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(21.A) Do you know who to speak to at your school if you are experiencing a mental health problem?

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
Yes	74%	74%	77%	79%	69%	70%	72%	82%	62%	73%	70%	86%	75%	74%
No	21%	19%	18%	17%	25%	24%	25%	14%	38%	21%	24%	14%	20%	21%
Don't Know	5%	7%	5%	4%	5%	6%	2%	4%	0%	6%	5%	0%	6%	5%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(21.B) Do you know who to speak to at your school if you are experiencing a mental health problem?

	Total	Gender		Sexual Orientation					Age			Free School Meals	
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
Yes	74%	77%	72%	75%	69%	88%	52%	87%	100%	79%	73%	79%	74%
No	21%	19%	22%	20%	25%	12%	48%	11%	0%	20%	21%	16%	21%
Don't Know	5%	4%	6%	5%	6%	0%	0%	2%	0%	2%	5%	5%	5%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(22.A) Who would you feel comfortable speaking to about any mental health problems you might be experiencing, if any? Select all that apply

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
My friends	60%	58%	61%	66%	61%	63%	61%	56%	62%	58%	59%	61%	61%	61%
My siblings	18%	17%	18%	19%	19%	17%	17%	12%	3%	31%	22%	16%	17%	17%
My parents	39%	34%	42%	49%	39%	37%	39%	33%	38%	46%	44%	41%	45%	36%
A teacher	31%	30%	28%	28%	37%	28%	31%	42%	8%	35%	29%	28%	34%	32%
A school counsellor	29%	31%	24%	29%	44%	30%	21%	27%	23%	24%	24%	44%	36%	27%
A school nurse	10%	8%	8%	11%	16%	10%	10%	12%	0%	6%	7%	19%	14%	9%
None of the above	11%	13%	9%	9%	11%	6%	11%	15%	19%	10%	8%	13%	12%	12%
Don't Know	3%	3%	2%	3%	5%	8%	3%	3%	0%	2%	5%	0%	2%	4%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(22.B) Who would you feel comfortable speaking to about any mental health problems you might be experiencing, if any?Select all that apply

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
My friends	60%	58%	62%	58%	72%	76%	64%	76%	44%	61%	60%	58%	62%
My siblings	18%	16%	20%	20%	10%	32%	7%	14%	1%	15%	18%	17%	19%
My parents	39%	39%	41%	44%	25%	23%	24%	34%	2%	42%	39%	28%	42%
A teacher	31%	32%	31%	32%	34%	39%	36%	19%	56%	36%	30%	33%	31%
A school counsellor	29%	32%	26%	27%	31%	43%	50%	47%	99%	27%	29%	32%	28%
A school nurse	10%	11%	8%	10%	12%	12%	1%	15%	0%	5%	10%	10%	10%
None of the above	11%	9%	13%	10%	16%	9%	0%	16%	0%	8%	12%	12%	11%
Don't Know	3%	4%	3%	4%	4%	0%	0%	0%	0%	1%	4%	2%	3%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(23.A) At school, who would be the first person you would go to if you or a friend was struggling with a mental health problem, if anyone?

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
A teacher	29%	22%	32%	24%	34%	29%	24%	33%	23%	39%	28%	27%	23%	30%
A school counsellor	19%	16%	18%	20%	28%	17%	17%	18%	28%	12%	17%	8%	12%	22%
The headteacher	1%	2%	0%	0%	3%	0%	0%	0%	8%	2%	3%	5%	0%	0%
A school nurse	3%	1%	6%	3%	0%	3%	2%	3%	0%	4%	3%	4%	4%	2%
Your head of year	8%	8%	9%	9%	6%	6%	11%	11%	3%	8%	8%	10%	9%	8%
Another student	28%	32%	27%	25%	21%	27%	34%	26%	30%	26%	27%	31%	37%	25%
None of the above	13%	19%	8%	19%	8%	18%	12%	10%	7%	9%	13%	16%	16%	12%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(23.B) At school, who would be the first person you would go to if you or a friend was struggling with a mental health problem, if anyone?

	Total	Gender		Sexual Orientation					Age			Free School Meals	
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
A teacher	29%	26%	31%	28%	34%	27%	23%	19%	57%	27%	29%	29%	28%
A school counsellor	19%	22%	16%	18%	20%	17%	8%	24%	1%	22%	18%	20%	19%
The headteacher	1%	3%	0%	1%	0%	0%	12%	0%	0%	4%	1%	2%	1%
A school nurse	3%	3%	2%	3%	2%	4%	0%	0%	0%	2%	3%	4%	3%
Your head of year	8%	7%	10%	9%	6%	7%	7%	4%	42%	7%	9%	9%	8%
Another student	28%	30%	27%	27%	26%	32%	35%	42%	0%	28%	28%	24%	29%
None of the above	13%	10%	14%	13%	12%	12%	15%	11%	0%	11%	13%	13%	12%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(24.A) Do you agree or disagree with the following statements:: My school provides sufficient mental health support for students

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
Strongly Agree	7%	7%	6%	6%	7%	8%	10%	6%	3%	11%	3%	11%	3%	9%
Agree	33%	33%	28%	43%	35%	30%	29%	40%	20%	33%	38%	32%	21%	33%
Neither agree nor disagree	33%	37%	36%	26%	36%	30%	30%	27%	42%	29%	28%	27%	45%	33%
Disagree	17%	13%	21%	20%	8%	23%	22%	14%	12%	24%	19%	25%	22%	15%
Strongly Disagree	4%	5%	4%	2%	1%	5%	3%	5%	20%	3%	5%	4%	5%	4%
Don't Know	6%	5%	6%	3%	14%	4%	7%	7%	3%	0%	7%	2%	3%	6%
Total Agree:	40%	39%	34%	49%	42%	38%	38%	46%	23%	43%	41%	43%	24%	42%
Total Disagree:	22%	18%	25%	22%	9%	28%	25%	19%	31%	27%	24%	29%	27%	18%
Net:	18%	21%	9%	27%	33%	10%	13%	27%	-8%	16%	17%	14%	-3%	24%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(24.B) Do you agree or disagree with the following statements:: My school provides sufficient mental health support for students

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
Strongly Agree	7%	7%	7%	8%	5%	8%	0%	10%	42%	6%	7%	8%	7%
Agree	33%	36%	31%	37%	20%	24%	14%	12%	57%	34%	32%	37%	32%
Neither agree nor disagree	33%	37%	30%	31%	33%	29%	66%	42%	1%	37%	33%	35%	33%
Disagree	17%	11%	22%	14%	29%	36%	0%	18%	0%	15%	18%	13%	18%
Strongly Disagree	4%	3%	5%	3%	8%	0%	19%	8%	0%	4%	4%	4%	4%
Don't Know	6%	7%	5%	6%	5%	4%	0%	11%	0%	3%	6%	2%	6%
Total Agree:	40%	42%	38%	45%	25%	31%	14%	22%	99%	40%	39%	46%	39%
Total Disagree:	22%	13%	27%	17%	37%	36%	19%	26%	0%	19%	22%	17%	22%
Net:	18%	29%	11%	28%	-12%	-5%	-5%	-4%	99%	21%	17%	28%	17%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(25.A) Do you agree or disagree with the following statements:: I have good relationships with my teachers

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
Strongly Agree	22%	22%	22%	25%	12%	31%	22%	19%	28%	27%	26%	27%	15%	21%
Agree	55%	55%	55%	60%	73%	34%	49%	64%	45%	49%	51%	52%	61%	56%
Neither agree nor disagree	17%	16%	19%	12%	7%	29%	24%	13%	12%	18%	15%	14%	19%	17%
Disagree	3%	4%	3%	2%	0%	4%	5%	1%	12%	6%	3%	6%	4%	3%
Strongly Disagree	1%	1%	0%	1%	3%	0%	0%	0%	3%	1%	3%	0%	0%	0%
Don't Know	2%	3%	0%	0%	6%	2%	1%	2%	0%	0%	2%	2%	0%	2%
Total Agree:	77%	76%	77%	85%	84%	65%	71%	83%	73%	76%	77%	79%	76%	77%
Total Disagree:	4%	5%	4%	3%	3%	4%	5%	1%	15%	7%	6%	6%	4%	4%
Net:	73%	71%	73%	81%	82%	62%	66%	82%	58%	69%	71%	73%	72%	74%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(25.B) Do you agree or disagree with the following statements:: I have good relationships with my teachers

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
Strongly Agree	22%	25%	20%	22%	23%	19%	22%	31%	42%	20%	22%	23%	22%
Agree	55%	55%	56%	56%	56%	66%	51%	50%	58%	52%	56%	47%	56%
Neither agree nor disagree	17%	15%	17%	16%	16%	16%	7%	17%	0%	22%	16%	22%	16%
Disagree	3%	1%	5%	3%	2%	0%	19%	2%	0%	5%	3%	6%	3%
Strongly Disagree	1%	1%	1%	1%	3%	0%	0%	0%	0%	1%	1%	2%	1%
Don't Know	2%	3%	1%	2%	0%	0%	0%	0%	0%	0%	2%	0%	2%
Total Agree:	77%	79%	76%	78%	79%	84%	73%	81%	100%	72%	78%	70%	79%
Total Disagree:	4%	3%	6%	4%	5%	0%	19%	2%	0%	6%	4%	8%	4%
Net:	73%	77%	70%	74%	74%	84%	54%	79%	100%	66%	74%	62%	75%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(26.A) Do you agree or disagree with the following statements:: There is at least one teacher at my school I feel I can trust and confide in

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
Strongly Agree	24%	20%	24%	26%	19%	33%	30%	24%	20%	24%	26%	25%	22%	23%
Agree	49%	50%	48%	49%	55%	36%	48%	54%	50%	50%	45%	42%	50%	52%
Neither agree nor disagree	11%	13%	12%	11%	10%	13%	8%	7%	15%	8%	13%	8%	11%	11%
Disagree	10%	9%	11%	8%	5%	12%	9%	11%	15%	13%	9%	13%	10%	10%
Strongly Disagree	4%	5%	5%	6%	1%	4%	4%	3%	0%	3%	4%	10%	5%	2%
Don't Know	2%	3%	0%	1%	9%	1%	2%	0%	0%	2%	3%	2%	2%	2%
Total Agree:	73%	70%	72%	75%	75%	69%	77%	79%	70%	75%	71%	67%	72%	75%
Total Disagree:	13%	14%	16%	13%	6%	16%	13%	14%	15%	15%	13%	23%	15%	12%
Net:	60%	56%	55%	61%	69%	53%	65%	64%	55%	59%	58%	44%	57%	63%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(26.B) Do you agree or disagree with the following statements:: There is at least one teacher at my school I feel I can trust and confide in

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
Strongly Agree	24%	23%	26%	25%	25%	47%	30%	8%	99%	19%	24%	27%	23%
Agree	49%	52%	47%	48%	51%	34%	42%	58%	1%	50%	49%	46%	51%
Neither agree nor disagree	11%	12%	10%	11%	9%	4%	7%	23%	0%	12%	11%	11%	11%
Disagree	10%	7%	12%	10%	10%	7%	21%	7%	0%	16%	9%	10%	10%
Strongly Disagree	4%	3%	5%	3%	4%	8%	0%	4%	0%	2%	4%	6%	3%
Don't Know	2%	4%	1%	3%	1%	0%	0%	0%	0%	1%	3%	1%	3%
Total Agree:	73%	75%	72%	73%	76%	81%	72%	67%	100%	69%	74%	73%	74%
Total Disagree:	13%	9%	17%	13%	14%	15%	21%	11%	0%	18%	13%	16%	13%
Net:	60%	65%	56%	60%	62%	65%	52%	56%	100%	51%	61%	57%	61%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(27.A) Do you agree or disagree with the following statements:: My school has a safe environment

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
Strongly Agree	15%	10%	16%	21%	12%	14%	26%	9%	19%	19%	16%	24%	13%	14%
Agree	60%	60%	58%	63%	69%	61%	47%	62%	62%	59%	57%	55%	66%	60%
Neither agree nor disagree	16%	20%	20%	11%	11%	12%	19%	17%	12%	15%	17%	10%	15%	17%
Disagree	6%	7%	4%	4%	3%	11%	6%	6%	8%	6%	7%	6%	4%	6%
Strongly Disagree	1%	2%	1%	1%	0%	0%	2%	2%	0%	1%	1%	2%	1%	1%
Don't Know	2%	2%	1%	0%	6%	1%	1%	3%	0%	0%	2%	4%	1%	2%
Total Agree:	75%	69%	73%	84%	81%	75%	73%	71%	80%	78%	73%	78%	79%	75%
Total Disagree:	7%	9%	6%	5%	3%	11%	7%	8%	8%	7%	8%	8%	5%	7%
Net:	68%	60%	68%	79%	79%	64%	66%	63%	72%	71%	65%	71%	74%	68%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(27.B) Do you agree or disagree with the following statements:: My school has a safe environment

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
Strongly Agree	15%	15%	15%	17%	9%	12%	7%	12%	42%	17%	15%	18%	15%
Agree	60%	65%	57%	60%	58%	50%	73%	63%	2%	56%	60%	60%	60%
Neither agree nor disagree	16%	14%	17%	16%	20%	20%	7%	8%	56%	18%	16%	15%	16%
Disagree	6%	3%	8%	5%	10%	9%	12%	9%	0%	8%	6%	6%	6%
Strongly Disagree	1%	1%	1%	1%	3%	0%	0%	4%	0%	1%	1%	1%	1%
Don't Know	2%	3%	1%	2%	0%	8%	0%	4%	0%	0%	2%	0%	2%
Total Agree:	75%	80%	72%	77%	66%	62%	80%	75%	44%	73%	75%	78%	75%
Total Disagree:	7%	4%	9%	6%	13%	9%	12%	13%	0%	9%	7%	7%	7%
Net:	68%	76%	63%	71%	53%	53%	68%	62%	44%	64%	69%	70%	68%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(28.A) Do you agree or disagree with the following statements:: My school has a calm environment

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
Strongly Agree	6%	7%	5%	6%	3%	9%	11%	4%	3%	10%	7%	14%	3%	6%
Agree	45%	45%	44%	49%	53%	46%	47%	45%	23%	37%	40%	32%	48%	48%
Neither agree nor disagree	26%	26%	22%	25%	27%	25%	20%	30%	43%	31%	31%	29%	22%	24%
Disagree	17%	15%	23%	18%	9%	17%	16%	12%	19%	20%	18%	17%	23%	15%
Strongly Disagree	4%	5%	4%	0%	3%	2%	7%	4%	12%	1%	2%	6%	4%	4%
Don't Know	2%	2%	1%	2%	6%	1%	0%	4%	0%	2%	2%	2%	1%	2%
Total Agree:	51%	52%	49%	56%	56%	55%	57%	49%	27%	46%	47%	46%	51%	54%
Total Disagree:	21%	20%	27%	18%	11%	19%	23%	17%	30%	21%	20%	23%	26%	19%
Net:	31%	31%	22%	38%	45%	36%	34%	33%	-3%	25%	27%	23%	25%	35%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(28.B) Do you agree or disagree with the following statements:: My school has a calm environment

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
Strongly Agree	6%	6%	7%	8%	1%	4%	0%	6%	42%	4%	7%	10%	6%
Agree	45%	50%	41%	46%	38%	31%	45%	64%	57%	49%	44%	45%	45%
Neither agree nor disagree	26%	29%	24%	26%	22%	19%	47%	16%	0%	25%	26%	25%	26%
Disagree	17%	9%	22%	14%	33%	38%	7%	8%	1%	16%	17%	12%	17%
Strongly Disagree	4%	3%	5%	4%	6%	8%	0%	6%	0%	6%	4%	7%	3%
Don't Know	2%	3%	1%	3%	0%	0%	0%	0%	0%	0%	2%	0%	2%
Total Agree:	51%	56%	48%	54%	39%	35%	45%	70%	99%	52%	51%	55%	51%
Total Disagree:	21%	12%	27%	18%	39%	46%	7%	14%	1%	22%	20%	20%	21%
Net:	31%	44%	21%	37%	-1%	-11%	38%	56%	98%	30%	31%	35%	30%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(29.A) Do you agree or disagree with the following statements:: I feel like a part of my school community

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
Strongly Agree	12%	14%	11%	16%	16%	16%	12%	7%	0%	9%	14%	24%	15%	9%
Agree	41%	39%	39%	42%	47%	33%	41%	48%	38%	47%	43%	45%	50%	38%
Neither agree nor disagree	23%	16%	27%	19%	24%	31%	18%	27%	48%	24%	23%	10%	18%	27%
Disagree	16%	20%	19%	17%	4%	16%	23%	12%	10%	12%	13%	13%	9%	19%
Strongly Disagree	4%	5%	4%	6%	3%	3%	6%	3%	3%	7%	3%	5%	7%	4%
Don't Know	2%	5%	0%	0%	6%	1%	1%	3%	0%	0%	3%	2%	1%	3%
Total Agree:	54%	53%	49%	58%	64%	49%	53%	55%	38%	56%	57%	69%	65%	48%
Total Disagree:	20%	25%	23%	22%	6%	19%	29%	15%	14%	20%	17%	18%	16%	23%
Net:	33%	28%	26%	36%	58%	30%	24%	39%	24%	37%	41%	51%	49%	24%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(29.B) Do you agree or disagree with the following statements:: I feel like a part of my school community

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
Strongly Agree	12%	15%	11%	15%	4%	11%	15%	10%	56%	9%	13%	11%	13%
Agree	41%	43%	41%	41%	41%	49%	42%	38%	43%	46%	41%	41%	41%
Neither agree nor disagree	23%	23%	24%	22%	27%	20%	27%	31%	0%	22%	24%	26%	23%
Disagree	16%	12%	18%	15%	23%	20%	7%	19%	1%	18%	16%	16%	16%
Strongly Disagree	4%	4%	5%	5%	5%	0%	9%	2%	0%	5%	4%	6%	4%
Don't Know	2%	3%	2%	2%	0%	0%	0%	0%	0%	0%	3%	1%	3%
Total Agree:	54%	58%	52%	56%	45%	60%	57%	48%	99%	55%	54%	52%	54%
Total Disagree:	20%	16%	23%	20%	28%	20%	16%	21%	1%	23%	20%	22%	20%
Net:	33%	42%	29%	36%	17%	40%	42%	26%	98%	32%	33%	30%	34%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(30.A) Have you ever sought help at school for a mental health problem for either yourself or a friend? Select any that apply

	Total	Region								Type of School				
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
Yes, for myself	23%	17%	26%	30%	22%	32%	23%	24%	19%	22%	23%	22%	23%	24%
Yes, for a friend	19%	16%	23%	22%	24%	13%	21%	7%	12%	21%	20%	22%	20%	18%
No	62%	69%	58%	56%	53%	57%	63%	70%	73%	62%	63%	55%	64%	62%
Don't Know	3%	3%	1%	1%	7%	4%	2%	3%	0%	3%	1%	4%	1%	4%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(30.B) Have you ever sought help at school for a mental health problem for either yourself or a friend? Select any that apply

	Total	Gender		Sexual Orientation					Age			Free School Meals	
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
Yes, for myself	23%	13%	30%	19%	37%	55%	29%	46%	0%	29%	23%	28%	22%
Yes, for a friend	19%	16%	21%	17%	29%	27%	21%	11%	0%	22%	18%	22%	18%
No	62%	73%	54%	66%	46%	29%	50%	49%	100%	56%	62%	57%	64%
Don't Know	3%	2%	3%	3%	2%	0%	0%	0%	0%	1%	3%	1%	3%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(31.A) Which of the following statements most closely represents your experience when seeking help for a mental health problem at school?

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	388	63	83	40	27	26	36	25	5	36	111	36	50	191
Weighted	358	59	74	43	51	32	36	21	10	31	85	32	43	199
I/my friend was able to access help immediately	38%	44%	32%	53%	35%	37%	42%	34%	26%	35%	37%	49%	34%	38%
I/my friend were able to access help within a month	32%	20%	37%	16%	42%	38%	37%	39%	30%	30%	37%	30%	26%	31%
I/my friend were able to access help, but it took more than a month	15%	11%	12%	25%	13%	10%	7%	15%	30%	27%	13%	9%	16%	17%
I/my friend were not able to access help at all	10%	15%	15%	2%	6%	6%	12%	8%	13%	2%	10%	7%	11%	10%
Don't Know	5%	9%	4%	4%	3%	9%	2%	4%	0%	5%	3%	5%	13%	4%

Note:

BASE: Question displayed when the NA

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(31.B) Which of the following statements most closely represents your experience when seeking help for a mental health problem at school?

	Total	Gender		Sexual Orientation					Age			Free School Meals	
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	388	59	321	240	64	21	7	18	0	52	336	76	290
Weighted	358	106	243	226	55	14	12	19	0	49	309	67	266
I/my friend was able to access help immediately	38%	44%	37%	44%	21%	21%	31%	48%	*	52%	36%	40%	38%
I/my friend were able to access help within a month	32%	32%	32%	29%	41%	46%	31%	12%	*	25%	33%	40%	31%
I/my friend were able to access help, but it took more than a month	15%	11%	16%	14%	12%	11%	39%	28%	*	13%	15%	7%	15%
I/my friend were not able to access help at all	10%	8%	10%	8%	21%	11%	0%	13%	*	6%	10%	10%	10%
Don't Know	5%	5%	5%	5%	6%	11%	0%	0%	*	4%	5%	4%	5%

Note:

BASE: Question displayed when the NA

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(32.A) Do you agree or disagree with the following statement: I think I can tell when one of my teachers is struggling with their own mental health.

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
Strongly agree	7%	10%	6%	2%	0%	14%	5%	14%	8%	9%	7%	1%	4%	9%
Somewhat agree	38%	38%	37%	44%	39%	28%	32%	34%	38%	56%	38%	42%	37%	38%
Neither agree nor disagree	18%	19%	18%	17%	21%	19%	19%	13%	23%	14%	25%	13%	17%	16%
Somewhat disagree	21%	23%	27%	18%	18%	21%	25%	18%	10%	11%	17%	28%	29%	20%
Strongly disagree	7%	2%	6%	10%	11%	7%	14%	10%	12%	3%	4%	10%	8%	8%
Don't Know	8%	9%	5%	8%	11%	11%	6%	12%	8%	7%	9%	5%	5%	9%
Total Agree:	45%	47%	43%	47%	39%	42%	37%	48%	47%	65%	45%	43%	41%	47%
Total Disagree:	28%	25%	34%	29%	29%	28%	39%	28%	22%	14%	21%	38%	37%	28%
Net:	17%	23%	10%	18%	10%	14%	-2%	20%	24%	51%	24%	5%	3%	19%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(32.B) Do you agree or disagree with the following statement: I think I can tell when one of my teachers is struggling with their own mental health.

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
Strongly agree	7%	9%	6%	8%	7%	8%	0%	6%	0%	5%	7%	10%	7%
Somewhat agree	38%	38%	38%	38%	40%	36%	65%	37%	0%	39%	38%	36%	38%
Neither agree nor disagree	18%	19%	17%	19%	8%	23%	19%	10%	98%	19%	18%	21%	17%
Somewhat disagree	21%	20%	22%	21%	25%	25%	7%	24%	0%	26%	20%	16%	23%
Strongly disagree	7%	5%	9%	6%	15%	8%	8%	8%	1%	6%	8%	8%	8%
Don't Know	8%	9%	7%	8%	5%	0%	0%	14%	1%	5%	9%	8%	8%
Total Agree:	45%	47%	45%	46%	47%	44%	65%	43%	0%	44%	46%	47%	45%
Total Disagree:	28%	25%	31%	27%	40%	33%	16%	32%	1%	32%	28%	24%	30%
Net:	17%	22%	14%	19%	8%	11%	49%	11%	-1%	12%	18%	23%	14%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(33.A) Have you been taught about mental health through your PSHE curriculum?

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
Yes	66%	71%	70%	70%	63%	53%	67%	65%	45%	64%	67%	78%	78%	61%
No	23%	18%	20%	23%	21%	35%	22%	24%	43%	28%	24%	14%	16%	26%
Don't Know	11%	10%	10%	6%	16%	13%	10%	11%	12%	8%	9%	8%	6%	13%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(33.B) Have you been taught about mental health through your PSHE curriculum?

	Total	Gender		Sexual Orientation					Age			Free School Meals	
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
Yes	66%	64%	67%	68%	56%	67%	73%	52%	100%	64%	66%	66%	66%
No	23%	23%	24%	22%	28%	33%	27%	35%	0%	30%	23%	23%	23%
Don't Know	11%	13%	9%	9%	16%	0%	0%	12%	0%	6%	11%	11%	11%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(34.A) Would you prefer to have more, less, or the same amount of PSHE lessons around mental health if you could change it?

	Total	Region								Type of School				
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	662	148	122	60	42	33	70	53	9	57	188	60	91	323
Weighted	665	149	128	71	79	43	69	52	16	55	161	61	95	347
I would prefer less PSHE lessons around mental health	10%	13%	7%	10%	2%	10%	11%	20%	0%	14%	10%	16%	10%	10%
I would not change the amount of PSHE lessons around mental health	44%	47%	39%	43%	43%	47%	39%	35%	69%	53%	43%	36%	44%	45%
I would prefer more PSHE lessons around mental health	39%	30%	46%	46%	45%	41%	46%	40%	23%	29%	37%	42%	43%	39%
Don't Know	6%	10%	8%	1%	11%	2%	4%	5%	8%	4%	10%	6%	4%	6%

Note:

BASE: Question displayed when the Question "Have you ever sought help at school for a mental health problem for either yourself or a friend?Select any that apply" is one of the following answers ("Yes, for myself", "Yes, for a friend")

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(34.B) Would you prefer to have more, less, or the same amount of PSHE lessons around mental health if you could change it?

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	662	162	492	499	65	20	10	14	4	82	576	109	523
Weighted	665	279	378	507	58	13	17	20	3	73	589	103	528
I would prefer less PSHE lessons around mental health	10%	14%	7%	11%	8%	6%	10%	11%	0%	8%	11%	8%	10%
I would not change the amount of PSHE lessons around mental health	44%	51%	39%	47%	33%	23%	36%	45%	43%	53%	43%	49%	42%
I would prefer more PSHE lessons around mental health	39%	30%	46%	36%	50%	65%	54%	41%	56%	35%	40%	37%	41%
Don't Know	6%	4%	8%	7%	9%	6%	0%	4%	1%	4%	7%	7%	6%

Note:

BASE: Question displayed when the Question "Have you ever sought help at school for a mental health problem for either yourself or a friend?Select any that apply" is one of the following answers ("Yes, for myself", "Yes, for a friend")

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(35.A) Have you ever noticed a teacher being uncomfortable teaching mental health in school?

	Total	Region								Type of School				
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
Yes, often	4%	2%	4%	7%	4%	5%	5%	2%	0%	4%	4%	8%	0%	4%
Yes, sometimes	14%	16%	18%	6%	13%	7%	15%	13%	20%	20%	17%	17%	14%	13%
Yes, rarely	13%	13%	14%	17%	5%	11%	14%	15%	12%	15%	12%	16%	11%	13%
Never	48%	48%	41%	56%	44%	57%	52%	56%	57%	38%	51%	38%	53%	48%
Don't Know	21%	22%	22%	14%	34%	19%	14%	13%	12%	23%	16%	21%	22%	22%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(35.B) Have you ever noticed a teacher being uncomfortable teaching mental health in school?

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
Yes, often	4%	3%	4%	2%	5%	16%	7%	2%	0%	7%	3%	5%	3%
Yes, sometimes	14%	13%	15%	14%	19%	12%	13%	8%	56%	15%	14%	16%	14%
Yes, rarely	13%	14%	12%	14%	10%	12%	8%	14%	0%	13%	13%	6%	14%
Never	48%	50%	48%	50%	47%	32%	58%	54%	44%	43%	49%	51%	49%
Don't Know	21%	20%	21%	20%	20%	27%	14%	22%	0%	22%	21%	21%	20%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(36.A) In your view has the pandemic and lockdowns had a positive or negative impact on the following:: Your own mental health

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
A very positive impact	2%	3%	1%	7%	0%	6%	2%	2%	0%	1%	2%	3%	1%	3%
A positive impact	9%	18%	7%	8%	4%	9%	7%	2%	8%	11%	11%	6%	7%	9%
Neither a positive nor negative impact	29%	32%	29%	29%	20%	29%	43%	19%	35%	30%	26%	31%	30%	30%
A negative impact	41%	30%	44%	39%	58%	37%	31%	58%	43%	41%	40%	44%	43%	41%
A very negative impact	14%	12%	15%	17%	9%	18%	14%	16%	7%	13%	13%	12%	16%	14%
Don't Know	4%	5%	4%	1%	9%	1%	4%	2%	7%	4%	8%	3%	3%	3%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(36.B) In your view has the pandemic and lockdowns had a positive or negative impact on the following:: Your own mental health

	Total	Gender		Sexual Orientation					Age			Free School Meals	
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
A very positive impact	2%	4%	1%	3%	2%	0%	0%	2%	1%	3%	2%	4%	2%
A positive impact	9%	10%	8%	10%	4%	8%	7%	6%	0%	14%	8%	7%	9%
Neither a positive nor negative impact	29%	36%	25%	32%	21%	15%	30%	19%	99%	36%	28%	29%	29%
A negative impact	41%	36%	45%	40%	48%	53%	55%	44%	0%	30%	43%	42%	41%
A very negative impact	14%	8%	18%	11%	23%	24%	8%	24%	0%	16%	14%	15%	13%
Don't Know	4%	6%	3%	4%	2%	0%	0%	4%	0%	1%	5%	1%	5%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(37.A) In your view has the pandemic and lockdowns had a positive or negative impact on the following:: The mental health of your school friends

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
A very positive impact	1%	3%	0%	0%	0%	1%	0%	0%	0%	1%	2%	1%	1%	1%
A positive impact	5%	11%	5%	2%	1%	4%	2%	1%	16%	9%	7%	5%	4%	5%
Neither a positive nor negative impact	16%	18%	16%	16%	13%	23%	11%	16%	12%	20%	17%	6%	22%	16%
A negative impact	50%	43%	48%	57%	62%	43%	53%	52%	50%	45%	45%	65%	46%	51%
A very negative impact	12%	9%	14%	14%	11%	14%	11%	17%	3%	13%	10%	15%	14%	12%
Don't Know	15%	15%	16%	11%	13%	16%	23%	14%	19%	12%	19%	8%	13%	15%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(37.B) In your view has the pandemic and lockdowns had a positive or negative impact on the following:: The mental health of your school friends

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
A very positive impact	1%	1%	1%	1%	1%	0%	0%	0%	0%	0%	1%	2%	1%
A positive impact	5%	8%	4%	6%	2%	4%	19%	2%	57%	13%	4%	5%	5%
Neither a positive nor negative impact	16%	18%	15%	19%	9%	8%	0%	9%	1%	23%	16%	18%	15%
A negative impact	50%	44%	54%	49%	57%	51%	57%	49%	42%	32%	52%	49%	51%
A very negative impact	12%	9%	13%	9%	24%	33%	9%	15%	0%	10%	12%	14%	12%
Don't Know	15%	19%	13%	16%	7%	4%	15%	25%	0%	21%	14%	12%	16%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(38.A) In your view has the pandemic and lockdowns had a positive or negative impact on the following:: Your relationships with your teachers

	Total	Region								Type of School				
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
A very positive impact	4%	5%	4%	4%	1%	4%	2%	8%	0%	4%	7%	2%	5%	2%
A positive impact	22%	25%	23%	20%	21%	29%	19%	12%	27%	24%	21%	22%	14%	25%
Neither a positive nor negative impact	49%	52%	46%	49%	56%	39%	56%	46%	42%	40%	50%	42%	46%	50%
A negative impact	19%	13%	21%	20%	14%	26%	16%	23%	20%	26%	14%	27%	27%	18%
A very negative impact	3%	2%	5%	5%	0%	1%	4%	4%	8%	4%	4%	6%	6%	2%
Don't Know	3%	2%	1%	2%	7%	1%	3%	6%	3%	2%	4%	1%	3%	3%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(38.B) In your view has the pandemic and lockdowns had a positive or negative impact on the following: Your relationships with your teachers

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
A very positive impact	4%	4%	3%	4%	6%	4%	0%	4%	0%	4%	4%	4%	4%
A positive impact	22%	24%	21%	22%	20%	13%	44%	35%	99%	25%	22%	22%	21%
Neither a positive nor negative impact	49%	50%	48%	49%	45%	40%	49%	42%	1%	44%	49%	49%	49%
A negative impact	19%	17%	20%	18%	26%	40%	7%	12%	0%	21%	19%	20%	19%
A very negative impact	3%	2%	5%	4%	2%	4%	0%	2%	0%	2%	4%	2%	4%
Don't Know	3%	3%	3%	3%	1%	0%	0%	4%	0%	3%	3%	3%	3%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(39.A) In your view has the pandemic and lockdowns had a positive or negative impact on the following:: Your relationships with your close friends from school

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
A very positive impact	5%	8%	5%	4%	1%	1%	6%	5%	0%	5%	9%	3%	7%	3%
A positive impact	21%	24%	20%	20%	24%	19%	23%	15%	36%	17%	22%	23%	16%	22%
Neither a positive nor negative impact	34%	38%	33%	34%	40%	28%	36%	28%	21%	31%	33%	27%	41%	34%
A negative impact	31%	23%	35%	32%	26%	39%	24%	38%	31%	38%	27%	33%	30%	32%
A very negative impact	6%	2%	4%	9%	0%	10%	8%	10%	12%	7%	5%	11%	4%	5%
Don't Know	4%	5%	3%	1%	10%	2%	3%	3%	0%	2%	4%	3%	1%	4%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(39.B) In your view has the pandemic and lockdowns had a positive or negative impact on the following:: Your relationships with your close friends from school

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
A very positive impact	5%	6%	3%	5%	6%	0%	0%	7%	57%	2%	5%	5%	5%
A positive impact	21%	23%	20%	23%	19%	20%	21%	18%	42%	22%	21%	13%	23%
Neither a positive nor negative impact	34%	28%	38%	34%	35%	31%	32%	29%	0%	34%	34%	42%	33%
A negative impact	31%	32%	29%	29%	30%	32%	19%	43%	0%	31%	31%	30%	30%
A very negative impact	6%	5%	7%	5%	9%	17%	21%	2%	0%	9%	5%	7%	5%
Don't Know	4%	6%	2%	4%	2%	0%	7%	2%	1%	2%	4%	2%	4%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(40.A) In your view has the pandemic and lockdowns had a positive or negative impact on the following:: Your relationships with your peers and classmates

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
A very positive impact	2%	2%	4%	2%	1%	2%	0%	1%	0%	2%	4%	3%	1%	1%
A positive impact	16%	23%	14%	12%	18%	16%	16%	16%	15%	9%	19%	11%	8%	17%
Neither a positive nor negative impact	40%	41%	40%	40%	40%	33%	43%	37%	47%	38%	39%	37%	44%	39%
A negative impact	33%	23%	35%	38%	28%	36%	37%	40%	30%	36%	26%	34%	36%	35%
A very negative impact	7%	8%	5%	7%	5%	10%	3%	4%	8%	10%	9%	11%	9%	4%
Don't Know	3%	3%	4%	0%	7%	2%	1%	2%	0%	4%	3%	4%	1%	3%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(40.B) In your view has the pandemic and lockdowns had a positive or negative impact on the following:: Your relationships with your peers and classmates

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
A very positive impact	2%	2%	2%	2%	3%	0%	0%	0%	0%	2%	2%	3%	2%
A positive impact	16%	19%	14%	18%	12%	4%	20%	13%	99%	18%	16%	13%	16%
Neither a positive nor negative impact	40%	38%	41%	41%	39%	35%	37%	32%	0%	36%	40%	47%	38%
A negative impact	33%	29%	34%	31%	35%	45%	28%	41%	0%	37%	32%	27%	34%
A very negative impact	7%	7%	6%	5%	8%	16%	16%	12%	0%	4%	7%	8%	7%
Don't Know	3%	4%	2%	3%	2%	0%	0%	2%	1%	2%	3%	1%	3%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(41.A) In your view has the pandemic and lockdowns had a positive or negative impact on the following:: You relationships with your family

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
A very positive impact	6%	5%	3%	12%	4%	15%	4%	3%	3%	6%	8%	10%	4%	5%
A positive impact	28%	34%	31%	32%	17%	21%	29%	27%	10%	37%	28%	33%	31%	27%
Neither a positive nor negative impact	43%	37%	41%	36%	52%	49%	48%	43%	74%	33%	45%	34%	39%	44%
A negative impact	16%	19%	20%	16%	11%	7%	12%	19%	12%	17%	13%	17%	20%	16%
A very negative impact	3%	2%	2%	1%	7%	5%	5%	3%	0%	3%	3%	1%	4%	3%
Don't Know	4%	3%	3%	3%	10%	2%	2%	4%	0%	4%	3%	6%	3%	4%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(41.B) In your view has the pandemic and lockdowns had a positive or negative impact on the following:: You relationships with your family

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
A very positive impact	6%	6%	7%	8%	4%	0%	0%	0%	1%	5%	6%	6%	6%
A positive impact	28%	26%	31%	31%	21%	20%	23%	28%	56%	28%	28%	21%	30%
Neither a positive nor negative impact	43%	47%	39%	43%	41%	24%	34%	53%	43%	52%	42%	42%	43%
A negative impact	16%	15%	16%	13%	20%	56%	35%	14%	0%	10%	17%	18%	16%
A very negative impact	3%	2%	4%	2%	7%	0%	0%	2%	0%	1%	3%	9%	2%
Don't Know	4%	5%	3%	3%	7%	0%	7%	2%	0%	4%	4%	4%	3%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(42.A) Have you heard of the term “resilience building” as it relates to mental health and wellbeing?

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
Yes I've heard of it, and I could explain it to a friend	9%	9%	7%	13%	4%	13%	8%	9%	0%	13%	12%	11%	7%	7%
Yes I've heard of it, but I could not explain it to a friend	33%	29%	34%	33%	40%	31%	26%	37%	43%	34%	36%	26%	29%	34%
No I have heard of it	42%	42%	41%	42%	39%	39%	51%	37%	49%	41%	37%	41%	48%	43%
Don't Know	16%	20%	18%	12%	18%	17%	14%	18%	8%	12%	15%	22%	15%	17%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(42.B) Have you heard of the term “resilience building” as it relates to mental health and wellbeing?

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
Yes I've heard of it, and I could explain it to a friend	9%	10%	8%	9%	11%	12%	8%	4%	0%	5%	9%	12%	8%
Yes I've heard of it, but I could not explain it to a friend	33%	35%	31%	32%	30%	44%	44%	39%	42%	41%	32%	33%	32%
No I have heard of it	42%	40%	44%	42%	44%	40%	36%	42%	58%	40%	42%	40%	42%
Don't Know	16%	15%	17%	17%	15%	4%	12%	15%	0%	14%	17%	15%	17%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(43.A) Do you agree or disagree with the following statement: My school emphasises resilience building in students

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
Strongly agree	7%	10%	8%	6%	4%	5%	6%	7%	8%	9%	8%	12%	5%	7%
Somewhat agree	32%	31%	36%	38%	18%	42%	31%	29%	22%	37%	36%	33%	28%	31%
Somewhat disagree	14%	16%	14%	12%	14%	13%	14%	15%	8%	18%	16%	14%	16%	13%
Strongly disagree	8%	7%	6%	10%	4%	6%	8%	6%	30%	7%	6%	11%	6%	8%
Don't know	39%	37%	36%	34%	59%	34%	41%	43%	31%	28%	34%	31%	45%	41%
Total Agree:	39%	40%	44%	44%	23%	47%	37%	36%	30%	46%	44%	44%	33%	38%
Total Disagree:	22%	23%	20%	22%	18%	19%	22%	21%	38%	25%	22%	25%	22%	21%
Net:	17%	18%	24%	22%	5%	29%	14%	14%	-8%	21%	22%	20%	11%	16%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(43.B) Do you agree or disagree with the following statement: My school emphasises resilience building in students

	Total	Gender		Sexual Orientation				Age			Free School Meals		
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
Strongly agree	7%	9%	6%	7%	10%	8%	1%	4%	56%	9%	7%	14%	5%
Somewhat agree	32%	37%	29%	36%	17%	27%	52%	16%	43%	32%	32%	30%	33%
Somewhat disagree	14%	11%	16%	13%	17%	17%	0%	13%	0%	16%	14%	17%	14%
Strongly disagree	8%	5%	9%	6%	10%	28%	12%	15%	0%	6%	8%	9%	7%
Don't know	39%	38%	40%	37%	45%	20%	35%	51%	1%	37%	39%	31%	41%
Total Agree:	39%	46%	35%	44%	27%	35%	53%	20%	99%	41%	39%	44%	38%
Total Disagree:	22%	16%	26%	19%	28%	45%	12%	28%	0%	22%	22%	25%	21%
Net:	17%	30%	9%	24%	-1%	-10%	40%	-8%	99%	18%	17%	18%	17%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(44.A) Select all that apply

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
Team-building activities	32%	35%	31%	43%	23%	29%	35%	36%	10%	34%	29%	52%	41%	29%
Extra curricular activities	83%	80%	87%	77%	82%	83%	85%	88%	77%	86%	84%	94%	87%	81%
Mindfulness activities	36%	36%	47%	36%	30%	30%	35%	37%	23%	32%	28%	45%	45%	36%
Providing a safe and calm environment	61%	59%	57%	73%	71%	62%	64%	61%	37%	58%	64%	57%	55%	63%
None of the above	5%	5%	4%	4%	5%	5%	5%	4%	12%	6%	6%	3%	7%	5%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(44.B) Select all that apply

	Total	Gender		Sexual Orientation					Age			Free School Meals	
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
Team-building activities	32%	35%	30%	34%	19%	36%	31%	16%	98%	42%	31%	32%	32%
Extra curricular activities	83%	81%	84%	83%	80%	86%	87%	89%	99%	81%	83%	80%	84%
Mindfulness activities	36%	33%	38%	39%	26%	60%	35%	26%	57%	37%	36%	40%	36%
Providing a safe and calm environment	61%	66%	58%	63%	54%	58%	60%	64%	57%	66%	61%	57%	64%
None of the above	5%	5%	5%	5%	5%	0%	12%	2%	0%	2%	6%	3%	6%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(45.A) Do you think young people today are more or less resilient than 20 years ago?

	Total	Region									Type of School			
		London	South East	South West	East of England	East Midlands	West Midlands	Yorkshire and the Humber	North East	North West	State secondary	Independent Secondary	Grammar School	Sixth Form College
Unweighted	1010	208	179	89	62	63	102	82	18	84	286	80	130	514
Weighted	1010	210	183	101	125	82	102	80	36	86	240	79	122	568
Much more resilient than 20 years ago	9%	10%	9%	4%	11%	6%	12%	11%	12%	8%	8%	10%	7%	10%
Somewhat more resilient than 20 years ago	25%	19%	27%	26%	25%	25%	28%	27%	28%	24%	25%	23%	18%	26%
Equally as resilient as 20 years ago	14%	14%	15%	12%	9%	19%	14%	17%	15%	10%	16%	20%	17%	11%
Somewhat less resilient than 20 years ago	24%	23%	22%	30%	24%	28%	19%	22%	26%	28%	25%	17%	23%	24%
Much less resilient than 20 years ago	13%	17%	12%	9%	10%	6%	17%	8%	8%	18%	13%	18%	10%	12%
Don't Know	16%	18%	13%	19%	22%	15%	11%	15%	12%	13%	13%	11%	24%	16%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions

(45.B) Do you think young people today are more or less resilient than 20 years ago?

	Total	Gender		Sexual Orientation					Age			Free School Meals	
		Male	Female	Heterosexual Bi / Straight	Gay Woman / Lesbian	Gay Man	Prefer to self-describe	16	17	18	Yes	No	
Unweighted	1010	250	746	733	114	29	14	30	4	133	873	167	788
Weighted	1010	434	562	741	104	20	24	38	3	114	893	156	796
Much more resilient than 20 years ago	9%	7%	11%	9%	14%	27%	15%	6%	42%	18%	8%	8%	9%
Somewhat more resilient than 20 years ago	25%	22%	27%	23%	28%	33%	38%	34%	2%	25%	25%	28%	24%
Equally as resilient as 20 years ago	14%	13%	15%	12%	17%	16%	13%	19%	0%	22%	13%	10%	15%
Somewhat less resilient than 20 years ago	24%	25%	23%	26%	18%	8%	19%	10%	0%	15%	25%	26%	24%
Much less resilient than 20 years ago	13%	18%	8%	15%	6%	0%	0%	4%	56%	12%	13%	14%	12%
Don't Know	16%	15%	16%	15%	17%	16%	15%	27%	0%	9%	17%	15%	16%

Note:

BASE: All Respondents

Fieldwork: 30th Jul - 8th Aug 2021

Data weighted by gender and region to Nationally Representative Proportions